

IMPORTANT NOTICE - PLEASE TRANSLATE!
ĐÂY LÀ ĐIỀU QUAN TRỌNG, XIN NHỚ NGƯỜI THÔNG DỊCH ĐÚNG
AVISO IMPORTANTE! POR FAVOR PEDA QUE SE LO TRADUZCAN
這是重要的通告, 希請人譯讀

February 15, 2021

To: Parents, Guardians, Staff and Students of, the 3- and 4-year-old Preschool Programs.

This letter is to inform you that a COVID-19 exposure has been identified in Our Lady of Sorrows the 3- and 4-year-old Preschool Program.

The exposure occurred between February 8 -10. Please be reassured that the current COVID safety plans in our schools, when followed correctly, are very effective in preventing transmission.

Public Health is working closely with the school to identify any close contacts among staff or students. **Anyone identified as a close contact will be notified directly by public health** and asked to isolate for 14 days from their last date of possible exposure.

If you do not receive a call from public health, your risk of exposure is considered to be very low and we do not recommend that you isolate at this time. You and your household can continue with your normal daily activities. We will continue to monitor the school and will communicate any updates to our recommendations.

New illness related to this school exposure may occur up to 14 days from the last date of exposure. We therefore recommend self-monitoring for signs of illness until Wednesday, **February 24th**. **The standard daily health checks are the best way to monitor for symptoms.** If you develop new symptoms consistent with COVID-19 within those 14 days, please seek testing and bring a copy of this letter with you to the testing site. After 14 days, daily self-monitoring should continue due to potential for ongoing exposure in the community.

Please DO NOT seek COVID testing if you do not have symptoms. Testing is not recommended while asymptomatic because results are not accurate or useful.

Key symptoms of COVID-19 include:

- * Cough
- * Loss of taste & smell
- * Shortness of breath
- * Nausea, vomiting, diarrhea
- * Fever/chills

For more information on COVID-19, please visit <http://www.vch.ca/covid-19>

For more information on testing, please visit <http://www.vch.ca/covid-19/covid-19-testing>

For more information on COVID-19 and VCH school exposures, please visit: <http://www.vch.ca/covid-19/school-exposures>

If you have any questions specific to this exposure, please call public health at **Pod 2: 236-332-9146**

Yours sincerely,

VCH COVID-19 Public Health Response

On behalf of,
Office of the Chief Medical Health Officer, Vancouver Coastal Health



COVID-19 Health File



COVID-19
Symptom Assessment Tool
bc.thrive.health



BCCDC Self-Isolation Tips

This notification is intended for use only by the individual(s) or entity to which it is specifically addressed. We ask that you refrain from distributing or circulating it further to avoid potential disclosure of confidential medical information.



COVID-19 Health File



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BCCDC Self-Isolation Tips