

OLS CROSS COUNTRY UPDATE

Dear Parents,

Tuesday, September 19/23

Please note the following cross country meets and locations:

Wednesday, September 20 PE classes will be held at Callister Park. (Weather permitting. If it is a downpour we will have PE at the school)

Friday, September 22 **Fun Run!** All students in Grades 2-7 will compete in a fun run with St. Francis of Assisi.

- Gr. 2 9:15 am @ Callister Park
- Gr. 3 9:45 am @ Callister Park
- Gr. 4 10:15 am @ Callister Park
- Gr. 5 10:45 am @ Callister Park
- Gr. 6 11:15 am @ Callister Park
- Gr. 7 11:45 am @ Callister Park

Tuesday, September 26 PE classes, @ Callister Park (weather permitting)

Thursday, September 28 **Holy Cross Meet:** Top 4 Boys & top 4 Girls per class, Grades 2-7 will compete at Brentwood Park. Time TBA

Wednesday, October 4 **CISVA CROSS COUNTRY CHAMPIONSHIPS:**
Top 4 Boys & Top 4 Girls per grade, Grades 2-7 @ Central Park in Burnaby. Unfortunately, there will not be a Fun Run this year. The meet will begin at 10:45am and end at approximately 4:30 pm.

****Please note:** The school bus will transport students to and from all meets, however we ask parents to help out by arranging rides for their child to the CISVA meet. More information will be sent home with regards to the Holy Cross and CISVA meets when it becomes available. If you have any further questions regarding the cross country running program, please feel free to contact me at the school at any time.

Sincerely,

Mr. W. McCloskey

OLS Athletic Director/Cross Country Coach